

## Team Breakout Contract

**What We're About:** We are a Christian-faith based basketball program with the intent to help guide players reach their goals. We are a program that is built around our love for Jesus Christ and helping others. Our focus is to take a player and build them in all facets of the game; this includes mental and physical. Through an experienced coaching staff, we intend to work with each player individually to ensure that they are prepared to play at the next level. This program is NOT for everyone. Our program is designed to prepare players for the *next* level. Therefore, we treat our middle school teams as if they were high school players and our high school teams as if they were collegiate players. If you are someone who doesn't like to be pushed or be critiqued, then this program is **NOT** for you.

Though a lot of focus will go towards the on the court operations, Team Breakout believes that we are one big family. Our environment encourages support from players, parents and staff to the program as a whole. Yes, basketball is important, but we believe that it is bigger than basketball. We prioritize building relationships with each individual player and helping them in all areas, even the ones that go beyond the court. We look forward to working with each player to help achieve their dreams and aspirations to the best of our ability!

**Players Conduct:** Team Breakout expects players to give maximum effort at **ALL** times (this includes both practices and games). Coaches should not and will not ask players to give their best effort, that is expected. Our program is for those that want to play at the next level, so we expect each player to be working on their game outside of team practices. Any 'homework' that a coach gives a player is expected to be completed (a lot of times this will include film notes from previous games or practices). Practice is MANDATORY. We understand that emergencies occur and at times you will have to miss practice, but those are for *emergencies only*. We will be keeping a practice attendance sheet. If a player has multiple unexcused absences throughout the month, they are eligible to face suspension from games. For an absence to be counted as excused, there needs to be a parent note (if it is a family emergency) or doctor note (if the player is sick and contagious), with that note to be given to Micah. If a player is injured or sick (and is non contagious) then they are required to be at practice. Missing practice due to injury or sickness (non contagious) will be counted as an unexcused absence and will affect the player once they return to playing activities. Any practices missed due to vacations will be counted as an unexcused absence.

When traveling, we expect players to represent themselves, their families and Team Breakout in a professional manner. This includes behavior before, during and after games with opposing teams, referees, parents and tournament staff. If you are unable to do so then you will be eligible to face suspension from games. We expect players to pick up after themselves after games. This includes all of their own belongings and any trash that they might have left behind (bottles, wrappers, bandages, etc.). If a Team Breakout coach or staff member directs the team to pick up any trash and you decide to not participate, you will be eligible to face consequences.

If you are staying overnight at a tournament, the same expectations apply when you are at a hotel or place to eat. Again, you are representing yourself, your family and the organization when you are out and about at tournaments.

Any Team Breakout coach or staff member has the authority to instruct and discipline you where they see fit. All coaches and staff members put in a lot of time not on their own team, but the program as a whole, so they know the standard that each player is required to meet. This helps with the growth of each player (we believe players hearing from different coaches throughout practices and games allows them to receive the same message delivered a different way) and making sure that each player is held accountable.

Below are more expectations that each player is to follow. Failure to follow any of these will result in you facing possible suspension from games.

- Maximum effort on the court; practice and games
- Respect **ALL** coaches and staff members
  - Yes, you have a head coach. However, the rest of the coaches and staff members are assistant coaches and will be treated with the same respect as the head coach
- Watch the language (cursing)
  - We understand that some language is part of an individual's dialect or it can slip out (we will be the first to say nobody's perfect), however, we will not tolerate the overuse of language
- Follow instructions given by a coach or staff member
  - This goes for both games and practices
- Celebrate wins with grace and accept defeat with dignity
  - Don't be a sore winner or sore loser. Games can get competitive, but that does not give you the right to act out emotionally
- Wear the correct apparel to games
  - You will receive a message from Micah about what Team Breakout apparel needs to be worn to the tournament. Failure to show up in the correct Team Breakout apparel will result in an immediate one half suspension
- If you are concerned with playing time, approach coaches in a professional manner
  - Understand that before, during and immediately after games is the *wrong* time to approach the coach about playing time. Give the coach 24 hours before approaching them to discuss your playing time.
- No drugs, smoking or vaping allowed
  - If caught, you are eligible to face immediate removal from the team
- **We are playing basketball, have some fun!**
  - At the end of the day, you should enjoy and love the sport you are playing. Don't put unnecessary pressure on yourself. You are playing a game, have fun with it!

If you break any of these rules, you are eligible to face suspension from games. Multiple infractions will have you eligible to be removed from the team without warning. You will **NOT** be refunded if you are removed from the team for not following any of the players' conduct.

Players will be asked to arrive at games at a specific time. Usually this will be an hour before game time (unless they have the first game in the morning, then it is usually 30 minutes), but this can be subject to change (it will be communicated by Micah). This is done so players can go through the team warmups before the game (each team will have a 20-30 minute warmup to get ready). This is AAU, so getting prepared before stepping on the court is a huge advantage since tournaments will give minimal warmup time on the court. If you are running late, we expect you to communicate with the coach well beforehand. We believe clear and concise communication is valuable to a successful relationship, team and program. Failure to communicate with the coach and/or arriving late can result in you facing consequences.

In between games, if you are at the tournament venue, we expect you to stay with your teammates and view games **TOGETHER**. Building chemistry during AAU can be difficult, so any extra time you can spend with your teammates is something we highly suggest. We also highly suggest that you support other Team Breakout age groups when at tournaments. We are **ONE** program that will support each other, whether that is at the practice facility, tournaments or in other areas of life. There is a massive advantage when you have a crowd at games, so we expect you to be the biggest cheerleader in between games for the other Breakout teams.

**Parents Conduct:** We can't have a successful season without all hands on deck, that is including the parents! The expectation is that your player has a ride to and from practices, games and any Team Breakout related events. This can include taking them yourself, arranging them a ride with a family member/teammate or if they are permitted, having them drive themselves. A player not having a ride to or from a practice, game or any Team Breakout related event will **NOT** be counted as a valid excuse from missing in attendance. If you do arrange them a ride or have them take themselves, they are expected to have a sufficient amount of funds for meals when traveling. If your player gets in trouble at home, school or anywhere outside of Team Breakout's facilities/events and needs to be punished, we highly suggest not disciplining them through our program by withholding them from Breakout related events (practices, games, other team gatherings). When doing so, this not only hurts the player, but also the team as a whole. Each individual player is a key part to the team and suddenly removing them from it can cause the team to struggle. We are not here to tell you how to discipline your child and we will have your full support (and if you need help by having us run them, we will!), but we also want you to be aware of the chain reaction of consequences by removing them from our program even if it is for a short period of time. If you decide to do so, this will still count as unexcused absence for your player.

Each year, we have had the **BEST** parents when we are at games. We fully encourage the parents/family members/spectators to cheer on all Breakout teams with enthusiasm and support! With that being said, there will be **NO** toleration of coaching from the sidelines/stands when at practices or games. Each team has a qualified head coach with an abundance of assistants to do the coaching. Players are to listen to the coaching staff and should not have to worry about any coaching from parents in the stands. It can be a huge distraction and also confuse players especially if what is being said is contradictory to what the coaches are instructing them to do. We want parents to be fans of their player and the team from the stands

and not coaches. If a Team Breakout coach catches a parent coaching from the stands, they will notify the head coach who will then remove their player from the game until the parent stops coaching from the stands. We understand that the games can get very intense and emotional, but we will not tolerate any altercations (both verbal and physical) with other teams players, coaches or parents/fans. If you decide to do so, your player will be eligible to face suspension from games. We will not tolerate any parent yelling at referees or berating them throughout games. Yes, we will have calls that go against us and at times unproportionately from the other team, but this is not an excuse to go at the referees. This is the coaching staff's job (and we promise, our coaches will have their voice heard), but we do **NOT** want to see any of that coming from the stands. In tournament environments, this type of behavior can become a distraction to players. If a Team Breakout coach catches a parent yelling at referees from the stands, they will notify the head coach who will then remove their player from the game until the parent stops yelling at the referees from the stands.

We value everyone's opinion and point of perspective and understand that we don't see or know it all. If you have any suggestions, questions, concerns, etc. about gameplanning, scheme, child's playing time, etc. then you are always welcome to schedule a meeting with your head coach to go over it. This is not something that will be done before, during, or after games. There will be no toleration of confronting coaches during this time without the permission to do so. We have no problem sitting down before or after practices, or taking a phone call during the week to go over the things you would like to talk about. We are far from perfect and truly believe that success comes from a collaboration of **ALL** parties involved. With that being said, this does **NOT** mean that we will enact every suggestion or agree with every concern that you might bring to the table. We have built a program where the entire staff collaborates on each team, therefore there are multiple points of perspective when decisions are being made.

Volunteers: As mentioned above, we will need all hands on deck to make this a successful season for the team. Each tournament, we will need someone to keep the scorebooks when our team is listed as the home team. This is a requirement for each team to have when competing in certain tournaments (there are some tournaments where the organization will provide someone to keep the scorebook, in this case we will not need someone to do it). If you decide to volunteer to keep the scorebook, we will pay for your admission into the tournament (just for your admission, not family members/relatives/etc). We will also post all recorded games to our YouTube channel. However, to do so, we need the games recorded. Having the games recorded and posted helps each player greatly when it comes to watching film and learning from their mistakes. We will need volunteers to record the games. Once the game is recorded, Jayy will help remove the file from your device and then he will do the rest. At certain tournaments, the games will be recorded on BallerTV, but to access these games you will need to buy their subscription.

Verse of The Month: Each month we will give players (those that opted in) a Bible verse to memorize! At the end of the month, we will test them to see if they have memorized that verse. For those that are unable to, they will be handed a minor punishment (a couple down and backs, pushups, etc.)! Please understand that this will be **OPTIONAL** for all players, and

nobody will be forced to participate in the memorization of the verse. If you decide not to participate in this, it will **NOT** affect any playing time whatsoever.

**Breakout Bible Study:** At the beginning of the season, we will give everyone (those that opted in) a Bible study packet. Once a month, all those that are doing it will meet and go over the study packet. **Both parents and players are allowed to participate in this.** Please understand that this will be **OPTIONAL** for all players and parents, and nobody will be forced to participate in the Bible study. If you decide not to participate in this, it will **NOT** affect any playing time whatsoever.

**Outreach Opportunities:** We will have two different outreach events this season for all players and parents to participate in. *This is highly suggested for players to do.* Those events will be determined as we get into the season (you can expect it to be things like food drives, trash cleanup, etc.), but we believe in giving back to the community and helping those in need when given the opportunity. We believe this helps the players gain a different perspective and shows that there is a lot to life than just basketball. Again, this is **OPTIONAL** for all players and nobody will be forced to participate in any outreach event. If you decide not to participate in this, it will **NOT** affect any playing time whatsoever.

**End of The Year Meeting:** At the end of the season, the coaching staff will sit down with you and your child to discuss some of the things that they could work on going into the off season/school season. This meeting is supposed to be critical and an overall reflection of how your child did in the season, but more importantly, what they could improve on going forward. This meeting is completely **OPTIONAL**, whether that means for your child, yourself or both of you guys. We advise parents to inform their kid if they so choose to attend, that this meeting is strictly informational and the objective is to point out their flaws, not their strengths. It goes without saying that this is done out of love as we want to see your child succeed at all levels!

**Social Media Information:** Don't forget to follow us on all our social media platforms. This is a great way to stay up to date to **ALL** things Team Breakout. Below you will find our different social media handles to their respective platforms:

- Facebook: Team Breakout AAU
- Instagram: teambreakoutaau
- X: TeamBreakoutAAU
- YouTube: Team Breakout AAU

**Schedule:** We will be giving out tournament and practice schedules at the parent meeting. Please note that the schedule is not 100% concrete and is subject to change. We will notify parents well in advance about a change in schedule if one does occur. If you are looking to get an idea of what the schedule may look like before the parent meeting, please contact Micah.

**Contact Information:** For questions, concerns, or if you would like clarification on anything, please contact a Team Breakout staff member which will be listed below:

- **Micah Henderson** (Owner/Director of Basketball Operations/Trainer/Coach)
  - Phone Number: (919)830-1654
  - Email: [aau@teambreakout.org](mailto:aau@teambreakout.org)
- **Jayy Henderson** (Owner/Coach/Head Trainer)
  - Phone Number: (919)624-3975
  - Email: [aau@teambreakout.org](mailto:aau@teambreakout.org)

## IMPORTANT INFORMATION BELOW!

Financial Breakdown: Depending on what team you are on, will determine the price of the tuition. We are a basketball program that provides elite coaching and insight. We also understand that travel basketball is very expensive, so we do our best to keep costs at a minimum. With that being said, we can only be so flexible. We will provide two options below. We will require a down payment from each player. From there, we will follow the plan that you decide to choose. **IMPORTANT NOTE: IF YOU DON'T PAY, YOU DON'T PARTICIPATE!** This is a very important aspect to understand. Once the first initial payment is provided, that player will be available to participate until their next payment is due. If a payment is missed, the player will not participate until the required payment is fulfilled.

We have provided two options for the payment to be made. Below will explain each of those options:

- Option 1: Payment in full. If you decide to pay the full amount upfront, we offer a 10% discount on the total price.
- Option 2: Payment plan. If you decide to make payments every month, this is the option for you. An initial amount of 60% is required and then 13.33% each of the following three months will be required

Tuition will include everything below:

- Practices (2-3 times a week)
- Guarantee 8 tournaments (usually more)
- Initial set of gear for players
  - This will include sleeveless shirts (2x), a long sleeve shirt, sweatpants, track suit, reversible jersey and backpack
- Discount (15%) on all Breakout Training packages
  - This is not mandatory, just an extra perk for those that use Breakout Training (duration of the aau season).

The only thing that will not be covered with the tuition is travel expenses (so food, gas and any overnight accommodations). We do not require any player or parent to stay at a specific hotel or eat at a specific food place. We highly recommend to stay with family if they are in the area or

eat whatever best fits your budget. We understand this is a big financial commitment. We will provide fundraiser(s) throughout the year to give you and your player opportunities to bring down the cost. To be clear, it will be up to your child's participation in the fundraiser to make the most of each. All of the profit will go to you!

**\*IMPORTANT NOTE: IF A PARENT OR PLAYER BREACHES THIS CONTRACT DURING THE SEASON, NO REFUNDS WILL BE GIVEN TO ANY PAYMENTS ALREADY MADE. IF A PARENT DECIDES TO REMOVE THEIR KID FROM THE PROGRAM, NO REFUNDS WILL BE GIVEN TO ANY PAYMENTS ALREADY MADE.\***

Fundraisers: We will be doing two fundraisers this year. One will be called the “Raffle Ticket” and the other will be called “The Calendar.” Both will be explained in detail once the time comes, but to just give you a heads up on when to expect the start for each, please look below:

- Raffle Ticket
  - Start: March 9th, 2026
  - End: April 27th, 2026
- The Calendar
  - Start: May 11th, 2026
  - End: July 26th, 2026

We don't like to guarantee any amount of money that can be made, but we will provide an idea of the amount of money that can be generated. For the Raffle Ticket fundraisers, on average we have kids make anywhere from \$250-\$400 and depending on their level of participation you can earn any amount of money doing it. We do not have an average on what could be made for the The Calendar fundraiser. We do know that the maximum amount of money that can be made from this fundraiser is up to \$1,400. What you decide to spend the funds that you generated on is completely up to you. We like to emphasize, these are **individual fundraisers**. Therefore, whatever you sell is what you keep, none of it will go towards the program or other teammates.

#### Payment Schedule:

**\*Usually for Breakout 12u and 13u teams, but subject to change\***

#### *Option 1: Full Payment*

- Total Price: \$1,050.00
- Payment Due: February 14th, 2026 (\$1,050.00)

#### *Option 2: Payment Plan*

- Total Price: \$1,175.00
- First Payment Due: February 14th, 2026 (\$705.00)
- Second Payment Due: March 9th, 2026 (\$156.62)
- Third Payment Due: April 6th, 2026 (\$156.62)
- Fourth Payment Due: May 4th, 2026 (\$156.62)

**\*Usually for Breakout 14u teams, but subject to change\***

*Option 1: Full Payment*

- Total Price: \$1,125.00
- Payment Due: February 14th, 2026 (\$1,125.00)

*Option 2: Payment Plan*

- Total Price: \$1,250.00
- First Payment Due: February 14th, 2026 (\$750.00)
- Second Payment Due: March 9th, 2026 (\$165.62)
- Third Payment Due: April 6th, 2026 (\$165.62)
- Fourth Payment Due: May 4th, 2026 (\$165.62)

**\*Usually for Breakout 15u and 16u teams, but subject to change\***

*Option 1: Full Payment*

- Total Price: \$1,170.00
- Payment Due: February 28th, 2026 (\$1,170.00)

*Option 2: Payment Plan*

- Total Price: \$1,300.00
  - First Payment Due: February 28th, 2026 (\$780.00)
  - Second Payment Due: March 23rd, 2026 (\$173.29)
  - Third Payment Due: April 20th, 2026 (\$173.29)
  - Fourth Payment Due: May 25th, 2026 (\$173.29)

**\*Usually for Breakout 17u teams, but subject to change\***

*Option 1: Full Payment*

- Total Price: \$1,237.50
- Payment Due: February 28th, 2026 (\$1,237.50)

*Option 2: Payment Plan*

- Total Price: \$1,375.00
- First Payment Due: February 28th, 2026 (\$825.00)
- Second Payment Due: March 23rd, 2026 (\$183.28)
- Third Payment Due: April 20th, 2026 (\$183.28)
- Fourth Payment Due: May 25th, 2026 (\$183.28)